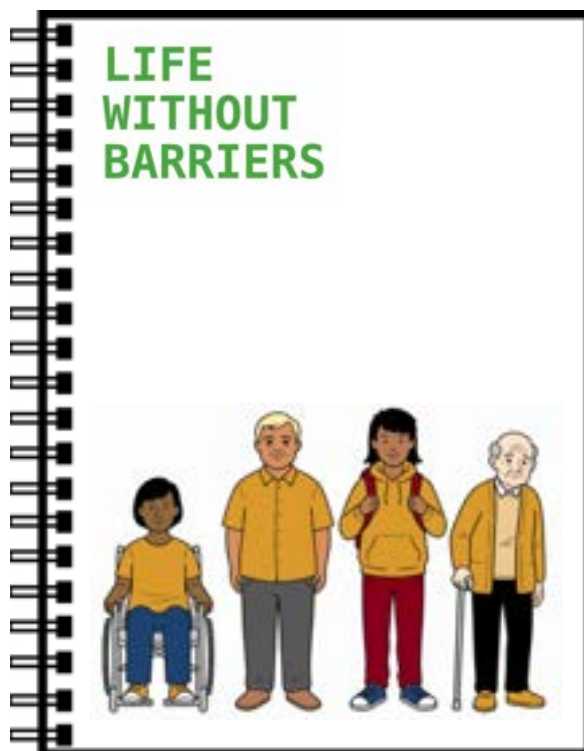


LIFE WITHOUT BARRIERS



Our report about our year.

July 2024 to June 2025.

How we helped you.



This is Book 2. It is about how we helped you.

It is the things we did this year.



People with disabilities

page 5



Help with how you feel

page 14



Help for families

page 17



Help for old people

page 20



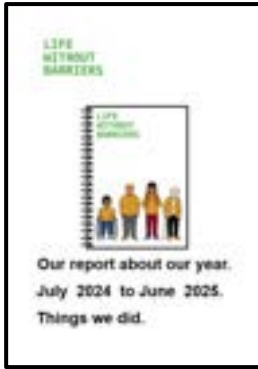
You came to Australia

page 22



You are told to marry

page 24



Read more about our year.

- Book 1. Things we did



- Book 3. Our work with Aboriginal people.



Things we did this year.

People with disabilities.



LWB helped lots and lots of people with disabilities.

Most people we help have an
intellectual disability.



LWB staff did lots of training.

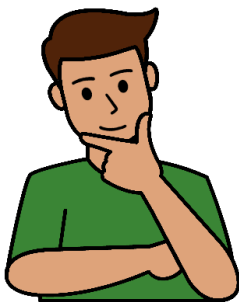
They know lots of different ways to help you.

They know how to help you have the best life.



Staff can help you better.

Like you want to cook. You need help.



We think about

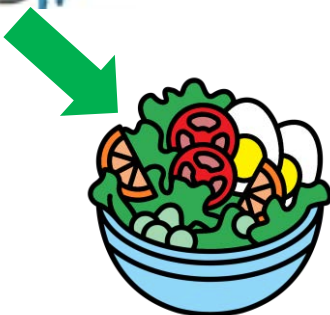
- what you can do
- what our staff will do.



Like we make a salad. You wash the tomatoes.

Our staff cut the food.

You mix it all together.





LWB staff did training about your rights.

Like you choose what job you want.



Staff did training about you meeting people.

You may want a special person. Like a boy friend.

You need to know some things. Like how to

- talk to people
- be safe
- respect your special person.

Staff know how to do this better.



You may go on dates. You may have sex.

Staff know how to talk with you about this.



We have started to make a change.

We want you to have more choice. It is for

- the service that owns your home
- the staff who help you at home.



You choose where you live.

It is an LWB home.

And



You choose staff to help you.

They are from a different service.

Or



You choose where you live.

It is **not** an LWB home.

And



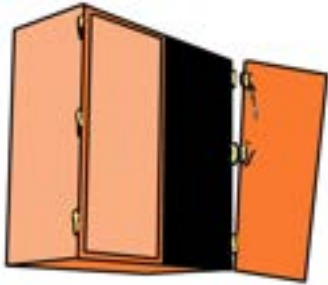
You choose LWB staff to help you.

Our staff help you do things. Like

- get dressed
- go to the shops.



We worked with Hume Community Housing.
It is in NSW. They bought some LWB houses.



You may live in one of these homes.
They take care of your home.
Like some thing breaks. They fix it.



LWB staff help you in your home. Like

- get dressed
- go to the shops.



Jobs for people with disabilities



This year LWB helped people

- learn new jobs. Like go to TAFE
- get jobs.



We helped people feel good at work.

You feel safe. You know you can do the job.



We work with a new place. It is called My horizon.

They have places you can work.

Like the Bush Pantry Cafe.



Sam got a job at Bunnings. It is part time.

He worked hard to get this job. LWB helped him.



LWB help young people. They learn things like

- how to talk to other workers
- how to talk to the boss
- what to wear.

We call these social skills for work.



We helped 70 people. Different people

- learned about jobs
- tried volunteer work
- tried a job. It was work experience.



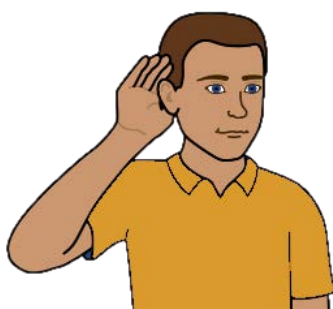
Things we did this year.

Help with how you feel.



You may feel very sad. You may feel angry.

You feel this way all the time.



It may be some thing different.

You may hear things. Like a voice.

But



It is **not** real. Other people can **not** hear it.



You need help with how you feel.

Like a person to talk to.

More people need this help now.

It is called your mental health.



We have some new staff.

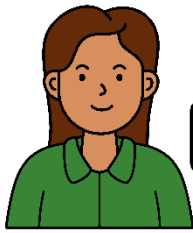
They have had help with their mental health too.

They use what they know. It helps them help you.



These staff help us know the best way to

- listen to you
- share stories with you.



We asked you about our help. Most people said

- LWB gave good help
- they feel respected
- they feel safe.



Most people said

- our help makes their lives better.
- they know their rights.



We know it can be hard to

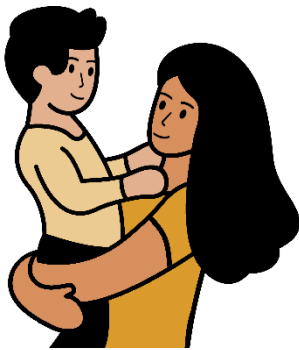
- feel safe
- tell us what you think.

We want to be better at what we do.



Things we did this year.

Help for families.



You may care for a young person.

They can **not** live at home. It is **not** safe.



You can join a new group. It started this year.

You meet other carers. You help each other.

You share your ideas.

We call it Mocking bird. It is in

- WA
- SA.



We listened to young people.

And



We listened to the adults in their lives. Like

- carers
- parents
- staff.



They gave us ideas to make things better.

It is for children in out of home care.



You may

- get drunk. You do this each day
- smoke
- take drugs. Like weed.



We can help you stop. You can learn new skills.

Like how to care for your children.



We helped lots and lots of people. They

- now use less alcohol
- now use less drugs.

Less people went to hospital.



Things we did this year.

Help for old people.



LWB helped lots and lots of old people.



We may help you at home. Like help to clean.

We may help you go out. Like to play lawn bowls.



More people got help this year.

We call it Home Care Packages.



We helped new people in

- Newcastle
- Geelong.



We asked you what you think.

You said you are happy with our help.



Next year. We will have an app.

It is for your phone.

You can look at your care plan. It is for

- you
- your family.

It is called Checked in Care.



Things we did this year.

You came to **Australia**.



Your country was **not** safe.

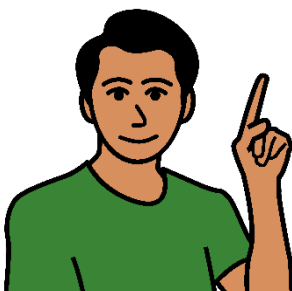
Life is different here. There is a lot to learn.

We helped lots and lots of people this year.



We work with children from different places.

They were **not** safe.



We know how to do this. It is called CARE.



This year we gave books to families.

They are for your children. It helps them

- learn English
- learn about life in Australia.



We ran some foot ball games. It was for you to

- have fun
- meet new people.

It was in Melbourne. It was at Dynamo FC.



We had new help for you to

- get a job
- find a place to live. Like a home to rent.



Things we did this year.

You are told to marry.



Your family say you must marry a person.

You say **no**. You do **not** want to.



This is **not** OK.

They can **not** make you marry this person.



We help you know what to do.

We started this work this year.



You may need to leave your family.

But



You have **no** money. You have **no** place to go.



We started a service that helps you

- find a place to stay
- buy things you need. Like food
- find a new job.

Images

We can use images from



- CHANGE changepeople.org

- Inspired Services



- iStock Photo

- The Noun Project



- Picto Selector

- Pixabay



- Tobii Dynavox.

We made some images with AI.



This report is based on the Life Without Barriers Annual Report. 2024 to 2025.



Access Easy English wrote the Easy English.

November 2025.