



You feel bad.

You need to talk.



Bad things can happen.

Like you lose your job.



We know it is hard. You may

- worry
- feel sad.



It can help to talk to a person.

People at Assure can help you.



You can talk about how you feel.

Like you feel sad all the time.

We call them counsellors.



They can help you 3 times.



They can help you with money.

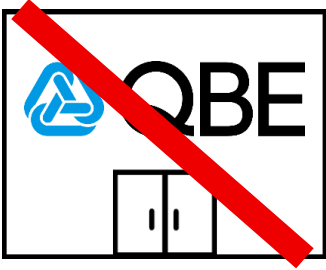
Like help you make a plan.

It is for how you use your money.



They can help you 1 time.

It is for your money plan.



Assure is **not** part of QBE.

But

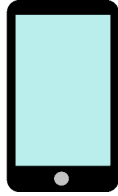


They help people who have
QBE cover.



Help from Assure is free.

assure

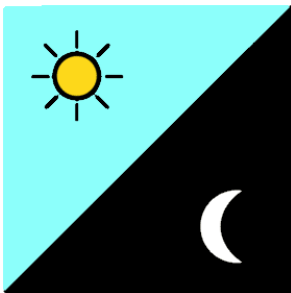


Call Assure.

1800 808 374.



Tell them you have QBE cover.

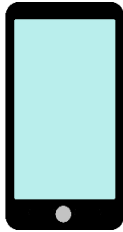


You can talk to them any time. Like

- in the morning
- late at night
- on the week end.

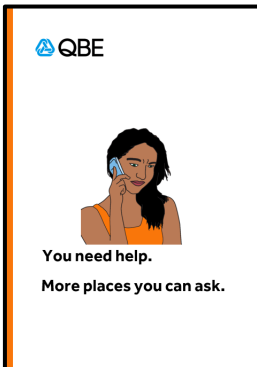


You need more help



Call QBE.

133 723.



Read

You need help.

More places you can ask.



Read

You do **not** feel safe.

You need help. Places you can ask.



Read

You need help. You are Aboriginal.

Places you can ask.

This information is based on the QBE website.

Images in this fact sheet came from different places. We can use them here.

Access Easy English wrote the Easy English. December 2025.