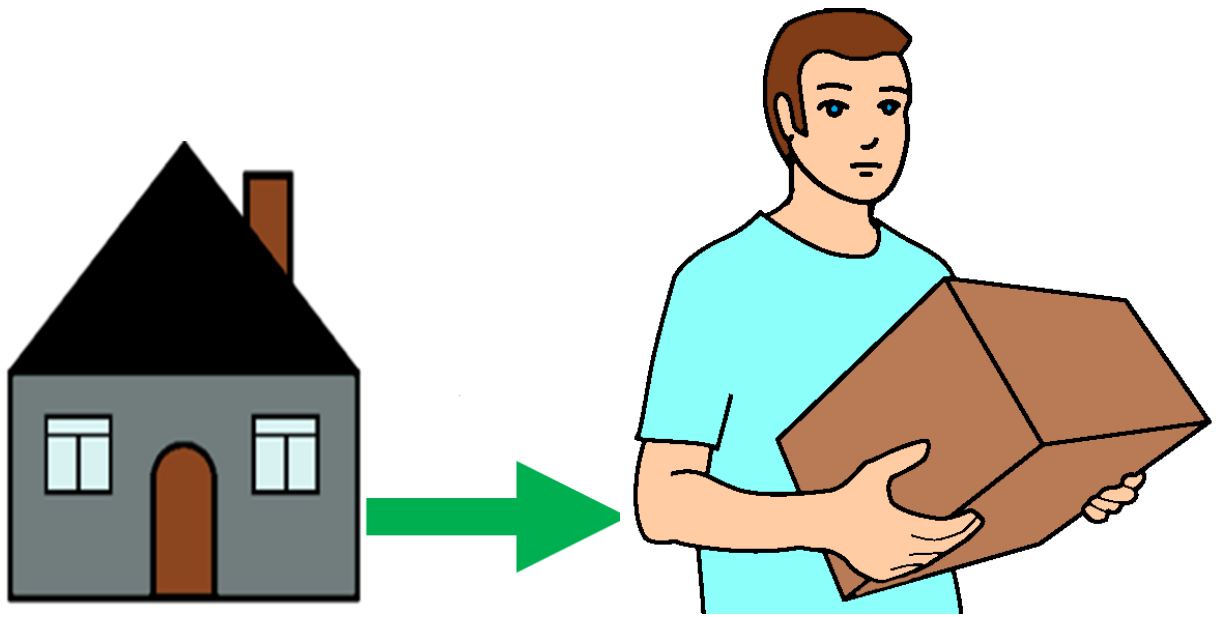
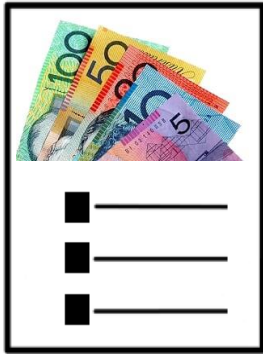




You want to move out of home.

Things you need to do.

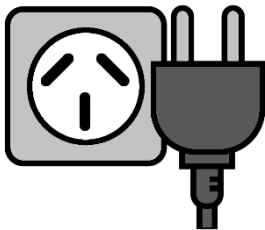


Your money plan



Think about what you must pay for. Like

- food
- rent



- power
- gas

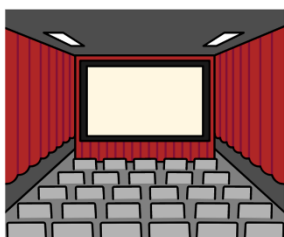


- internet. You may use it to
 - look at websites
 - send email.



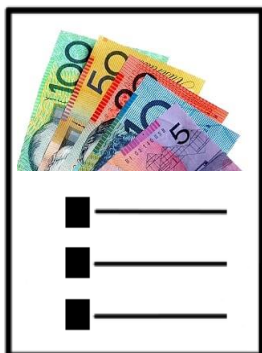
You need money for

- taxi
- bus.



You need money for things you like to do.

Like go to the movies.

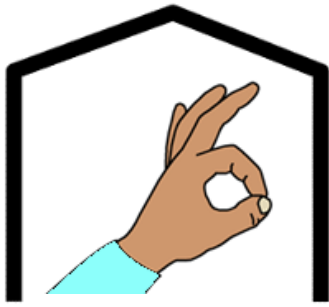


You may need a money plan.



You can ask for help.

Ask a person you trust to help you.

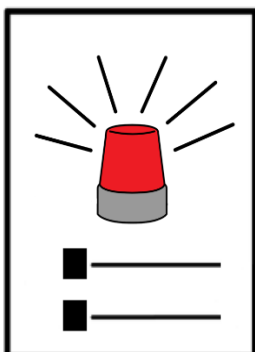


You want to be safe

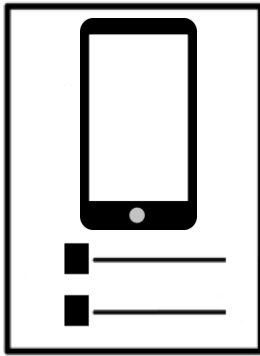


There may be a problem in your new home. Like

- a fire
- there is no power
- you are very sick.

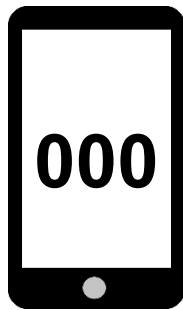


You can make a plan. It is to keep you safe.

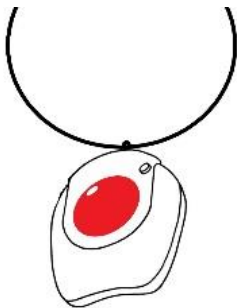


Make a list of people you can call. Like

- your friends
- your family
- your staff



Write **000** in your plan.

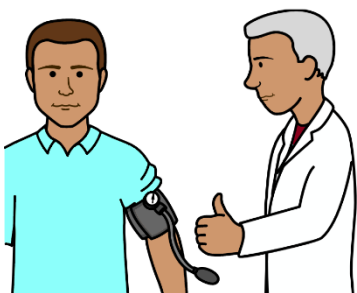


You may need to wear an alarm.

Like you fall on the floor.

You press the button.

It calls a person to help you.



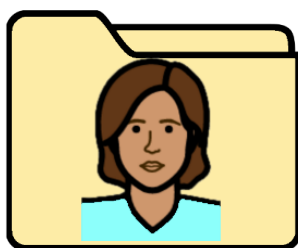
Your health



You may choose a new doctor.

They are near your new home.

Make a time to meet your new doctor.

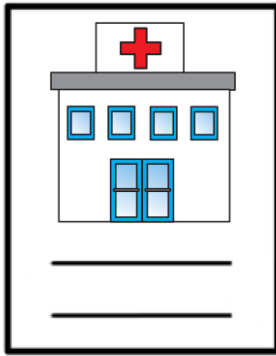


You meet your new doctor.

They will need your health notes.

Ask your doctors for your health notes.

They may send them to your new doctor.



Make a list of health places near your new home.

Like

- your new doctor
- the new chemist.
- the hospital near you.



New places. New people



You move out of home.

You may know people near you. Like

- your family
- your friends

They can visit you.



You may show them places near your home.

Like you have lunch in the park.



You want to meet new people. Like

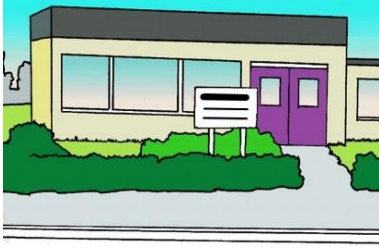
- you go to a group. You make new friends
- you meet people. They live in your street.



You do things near your home. Like you

- walk in the park
- go to a concert.

You may meet new people there.



Find places to help you



Look for places near your new home.

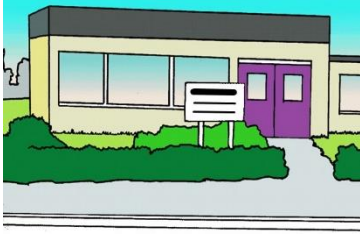
Like disability groups. They can help you

- know your rights
- know where to find help.



You may want to

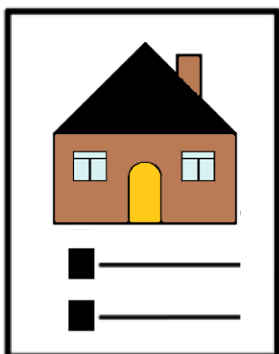
- play sport
- go to the library
- do classes. Like art classes.



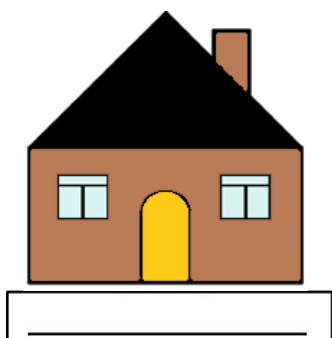
You can go to

- the community centre
- your local council office.

They can help you find things you want to do.



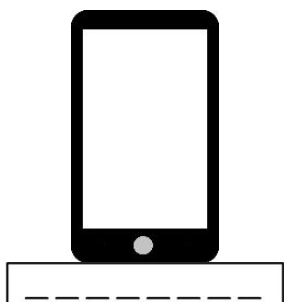
What you need to do



You have a new home.

Tell your friends you have moved.

Tell them where you live now.



Tell them your phone number.



You will need to tell

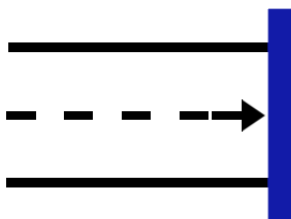
- your bank
- Centrelink
- the post office. They will send your mail to your new home.



You need to tell

- the NDIS
- your work
- other services that help you.

Like the group that take you to your class.



This is the end of the fact sheet.



Images

We can use images from

- CHANGE changepeople.org
- Inspired Services
- istockphoto/pamspix
- Picto-Selector
- Pixabay
- The Noun Project
- Tobii-Dynavox.



This fact sheet is based on Moving out of home.

Developed by Aruma Human Rights Team.

June 2024.



Access Easy English wrote the Easy English.

October 2024.