



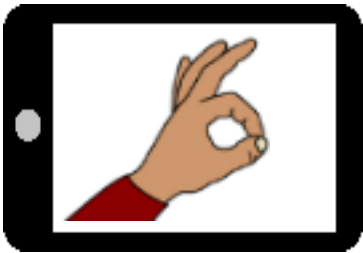
You were online. People hurt you.

Our report.

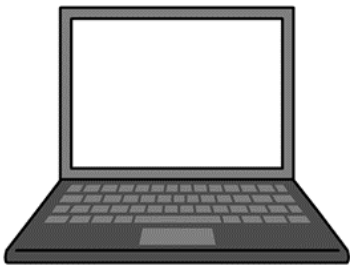


Who are we?

We are the eSafety Commissioner.

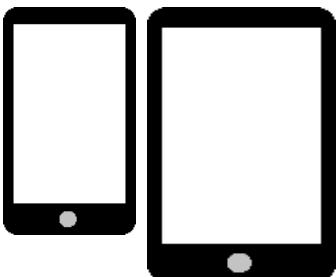


We give you information to help you be safe.



It is when you are on a

- laptop
- computer

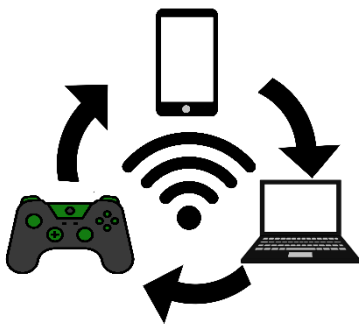


- phone
- iPad.



It is when you are on a games console.

Like an Xbox.



You can talk to other people. We say you are

- on the internet

or

- online.



We wrote this report. It is about a study.

It is about

- online abuse

and

- people with intellectual disabilities.



Some bad things



A person says bad things to you.

You feel scared. It is called abuse.



They take your money. They do **not** give it back.

It is called abuse.



People ask you for your private information.

It may be where you live.

You do **not** want to give it. This is abuse.



The person does the same thing.

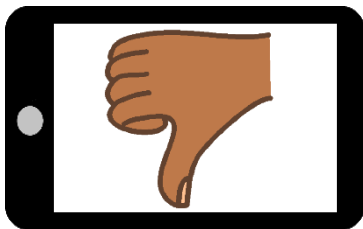
Like they say bad things to you. You feel scared.

But



You are online. Like you are on your

- phone
- computer.



It is called online abuse.



You can read more about online abuse.

Read **Some bad things. It is online.**



What we did?



We looked for information. It was

- about how to be safe online
- for**
- people with intellectual disability.



We asked some people some questions.

They all had intellectual disabilities.

They were

- 18 years old
- or**
- more than 18 years old.



We talked to people who need a lot of help.

Like you need a worker to help you online.



We talked to people who need **no** help.



Some people do **not** go online.

We did **not** talk to them.

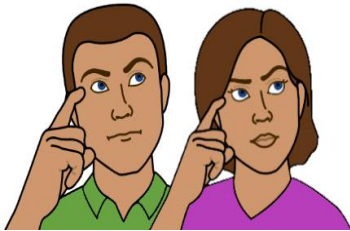


We talked to people who help you. Like

- your family
- your workers.



People were from all over Australia.



You told us ideas.

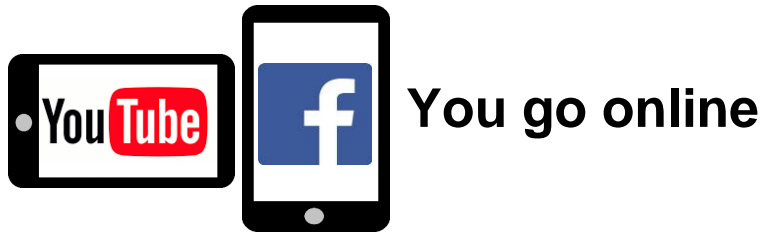


The people who help you told us ideas.



We only talked to some people.

You may have more ideas.

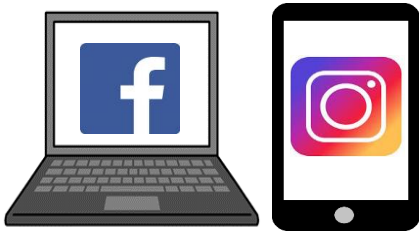


You go online



You told us

- you go to websites

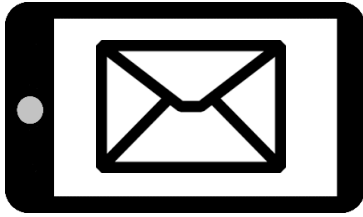


• you use social media. Like

- Facebook
- Instagram.



You look at YouTube.

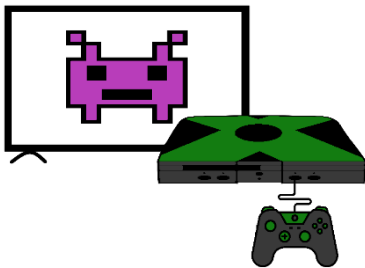


You go online

- to send emails
- to get emails.

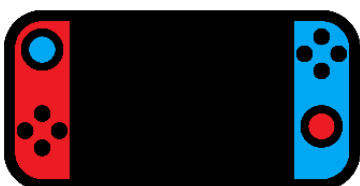


You play games on a computer.



You play on games consoles. Like

- Xbox
- PS4



- Nintendo Switch.

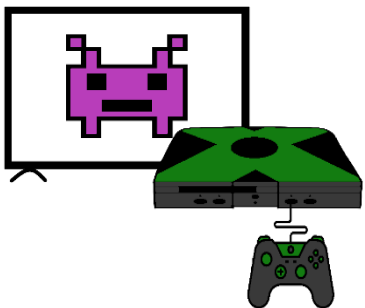


You like to go online. You have fun. Like you

- choose videos to look at



- listen to music. Like on Spotify



- play games.



You may use social media. Like

- Facebook
- TikTok.

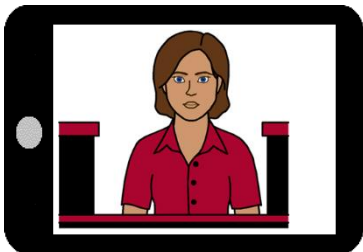


You told us you

- talk to your friends online
- do online dating



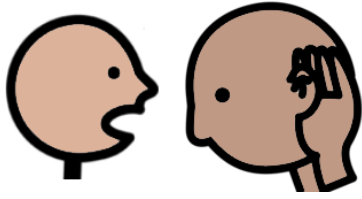
- shop online



- use your bank online.

Month						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
✕	✕	✕	✕	✕	✕	✕
✕	✕	✕	✕	✕	✕	✕
✕	✕	✕	✕	✕	✕	✕
✕	✕	✕	✕	✕	✕	✕

You are online a lot. Like each day.



Other things you said



You see bad things. Like

- people are mean to you
- they call you names



- people tell lies.

Like they may say they are a different person.



People ask you to send photos.

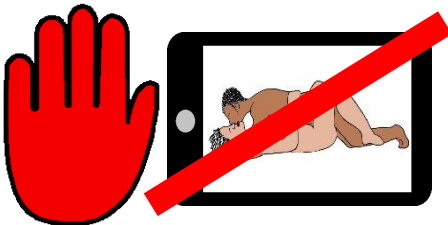
They say have **no** clothes on. You are naked.

They may show other people.



They show you things you do **not** like.

It may be photos of sex.



You may say **no**. You do **not** want to see this.

But



They still show you the photos.



People may say

- give me some money



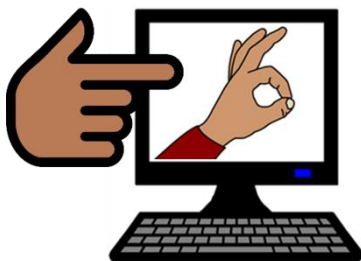
- tell me your private information.

Like where you live.



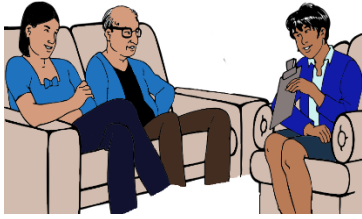
You may **not** understand the dangers.

You may **not** know this is online abuse.



You say you are OK.

You may think you do **not** need help.



What did other people tell us?



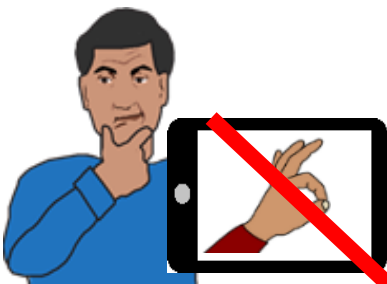
They said

- they want you to go online
- it is your right.

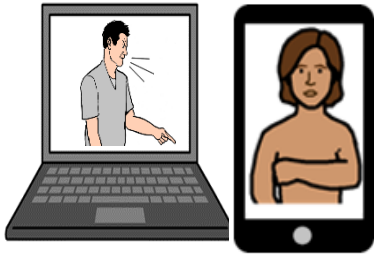
But



They worry.



They say you may **not** be safe online.



They know there is online abuse

They want to help you.



Some people said they can help you.

They find the right information.

But



Some people do **not** know where to look.

They can **not** find information you need.



They worry you may get hurt.



They say

You may hurt a person online.

Like you may call them names.

But



You do **not** know you hurt them.

You do **not** know it is online abuse.



Things we will do



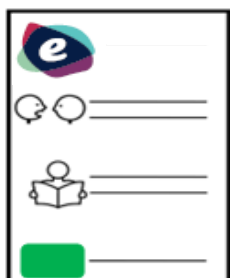
We will make information for you. We will use

- words you know
- real stories.



We will make videos.

You will see them on YouTube.



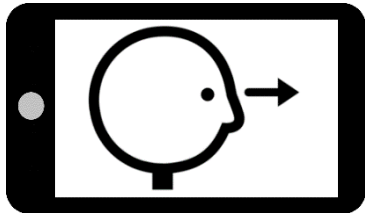
We will write fact sheets.

They will be in Easy English.

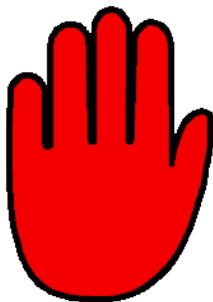


Information will be about

- online abuse
- what is OK
- what is **not** OK
- who to tell.



Information will be easy to find.

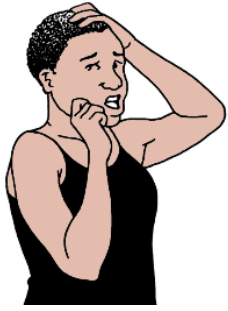


There will be things about

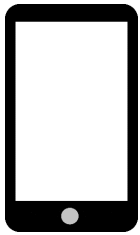
- how to stop online abuse



- how to report online abuse.



You need help



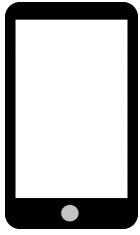
000

You are in danger.

Call 000.



Ask for the police.



Other places you can call

1800RESPECT 1800 Respect

Call 1800 737 732.

 **Lifeline** Lifeline

Call 13 11 14.



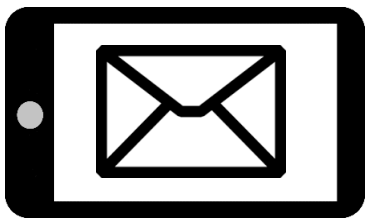
**Beyond
Blue**

Beyond Blue

Call 1300 224 636.



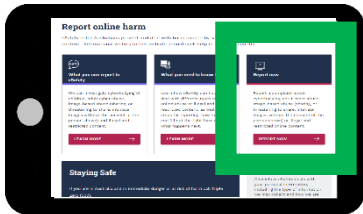
You can tell us about your online abuse.



Email

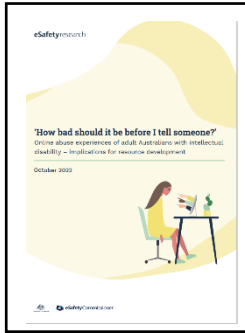
caenquiries@esafety.gov.au

Or



Website

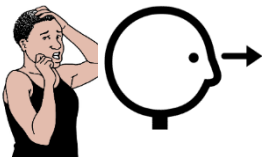
www.esafety.gov.au/report



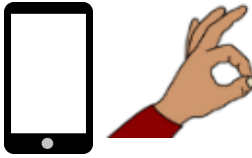
This report is from pages 6 to 9 of “How bad should it be before I tell someone” Online abuse experiences of adult Australians with intellectual disability – implications for resource development.

October 2022. research@esafety.gov.au

Images



We can use images from



- Change People
- Picto-Selector
- TheNounProject
- Tobii-Dynavox
- Spectronics.