

Easy English for adults.

## Problems with food. Tell us what you think.

We are part of the WA government.

We want to know about food for children and young people.

We want to hear from parents, family and carers of children and young people.

Children need lots of good food to grow and learn.

Good food is a mix of milk, fresh fruit, fresh vegetables and bread, rice, noodles. Good food is also fresh meat, fish, eggs.

Some families do not have much money. It is hard to get good food.

Some families do not know how to make good food.

Some children are hungry. They need more good food.

There are places to help you get food. Like you get a meal. It is free. It can be at a van, at a church, at school. You get a bag of food. You take it home to cook. You get a food ticket. You use it to buy food from the shops.

There may be classes about food. You can learn what is good food and how can you get good food and how to cook good food.

We want to know how many children need help to get good food?

We want to know where are the children who need help?

We want to know how can the government help?

# How to tell the government what you think

You can write on this paper or write a story.

You can record your story or make a video. You put your story on your phone.

Do you need help to send your story? Go to 'Send your answers to'.

#### These questions may help you tell your story

You do not have to do every question. Like you can do 1 question. That is OK. All the questions are about children you care for.

We will read what you tell us.

We will put your story on our website.

Your name will be on our website.

Your name may be in our reports.

Your name does not need to go on our website.

Your name does not need to go in our reports.

That is OK. We still read your story.

Tell us Do not use my name.

Your story does not need to go on our website.

That is OK. We still read your story.

We may still use your story in our reports.

Tell us Do not put it on our website.

# Questions

1.Your name
2. Tick as many as you need to. You are
a. Aboriginal or Torres Strait Islander
b. Australian
c. You are from a different country.
Write the name of the country.
3. Your child may not get the food they need. What happens? How do you feel?
Does it stop your child going to school?

4. How many times is it like this for your child?
a. Most days
b. Some days
c. Not many days.
5. Does it happen to other children you know?
a. Yes
b. Not sure
c. No.
6. What makes it hard to get good food? Like there is no food in the house. No one can cook the food The shops do not have any good food.

7. Does your child go to other places to get food? It may be
a. School.
b. Before and after school care.
c. Community group.
d. A place where people get help. Like Food bank.
e. Church.
f. Other family.
g. At your friend's home.
h. At a club. Like a social club.
i. Other places.
Where?

8. Does your child need more help to get food?
a. Yes
b. No.
9. Have you learnt about good food?
a. Yes. Go to the next questions.
b. No. Go to question 10.
9a How much did this help you?
i. A lot.
ii. A bit.
iii. Not at all.

9b. What did you learn?
i. What is good food.
ii. Where to get good food.
iii. How to cook good food.
: Other
iv. Other.
10. What do you think about this idea? All children get a good lunch at school. It is each
day.
a. Good
b. Not sure
c. Not good
11. Do you have ideas to help?

### Send your answers to

LACO. Parliament House. 4 Harvest Terrace. West Perth. WA. 6005.

Or

Email your story to jscccyp@parliament.wa.gov.au

Or

You put your story on your phone. You may need help to send your story.

You make a file on google drive or drop box. You send the link in an email to jscccyp@parliament.wa.gov.au

Or

Go to Parliament of Western Australia website. https://bit.ly/3wEX01o

Look for button on the right side. It says Lodge your submission online.

Click on this button. There are lots of words to fill in. You may need help to do this. You add your information.

More information Call 9222 7486.

This information is based on the Joint Standing Committee on the Commissioner for Children and Young People (JSCCCYP) – Parliament of WA. Food insecurity inquiry terms of reference and website information. May 2022.

Access Easy English wrote the Easy English. May 2022.