



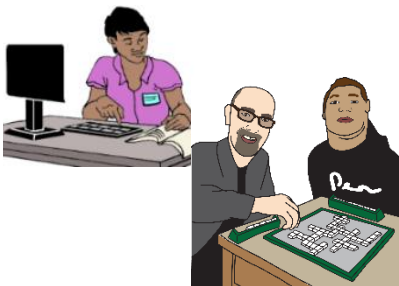
Our plan for autism.

Things to think about.



We are the Government of South Australia.

We say SA Government.



You are autistic. We want services to help you feel part of your community.

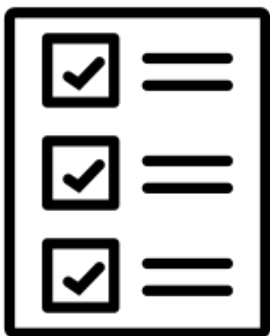


This book has some ideas to think about.



Read the questions in book 4.

You can tell us what you think.

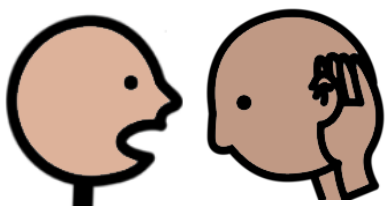


Rules for services



The SA Government will write some rules.

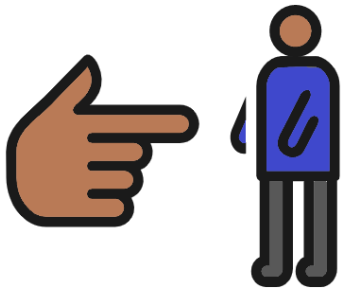
Services need to follow these rules.



Services must respect you. They must

- ask what you want
- listen to your ideas.

You work together.



Workers must know about you. Like

- what you can do
- what you need
- how to help you.



Workers must know each person is different.



You may have autism.

And



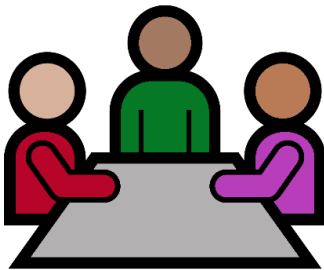
You have a health problem.

Like you have a sore tummy. It is each day.



There must be lots of workers.

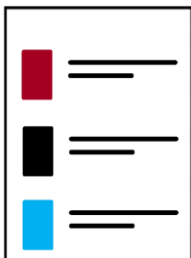
You can get the help you want.



Workers must talk to each other.

Then

You get the best help.



Workers must

- help you know your choices
- give you information the way you need it. Like
 - so you can hear it
 - in Easy English
 - with more time to think about it.



You have rights.

Services must help you do things like

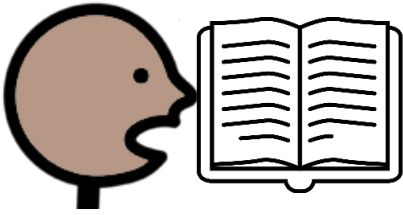
- get a job
- say what you think
- be a leader in your community.



Services must make places you go feel safe.

Like your

- job
- school
- health centres.



Words we use



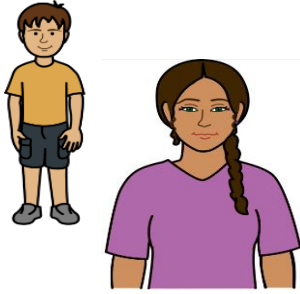
There are different ways to talk about autism.

These are some of the words people use.



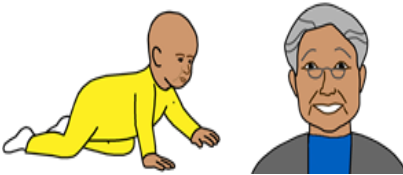
You are born.

Your family does **not** know you are autistic.



You find out you are autistic. You may be

- a child
- an adult.



Autism is for life. You are

- a child
- an adult.

It does **not** go away.



Every autistic person is different.



Your brain is **not the same as others.**

It changes things for you. Like how you

- think
- move
- understand people.



Some things feel different.

It may be food feels funny in your mouth.

It is hard for you to eat.



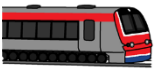
You talk to other people.

You may find it hard to say what you think.



It may be you do **not** like some sounds.

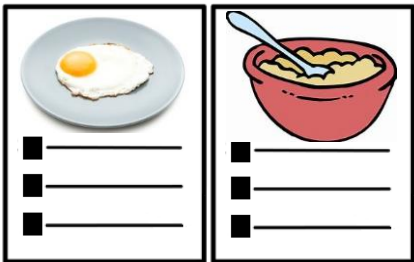
They hurt your ears.



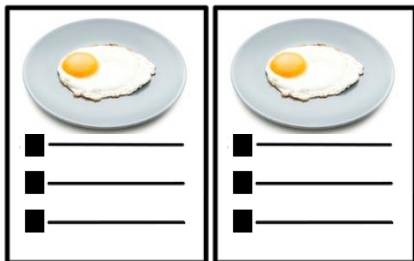
There is a thing you like the most.

You may know a lot about it.

You may talk about it all the time.



Change may be very hard for you.



You like things to stay the same.



Some things are easy to do. Like

- the game you like the most
- you talk about things you like.



Some things are hard to do.

Like it can be hard to

- be in a group
- say how you feel.

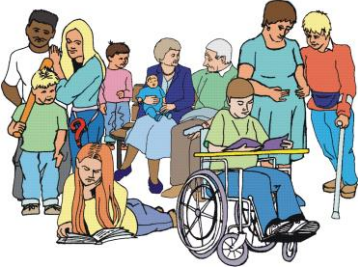


Your needs change.

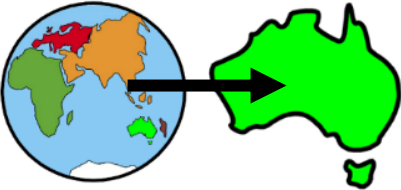
Your help needs to change.

You need help that is right for you. Help must be

- how you need it
- when you need it.



**Each autistic person
is different**



You may come from a different country.



You may speak a different language.



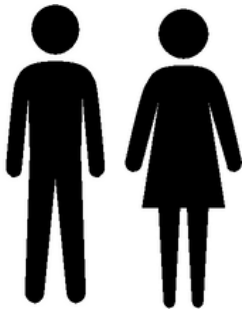
You may be

- Aboriginal
- Torres Strait Islander.



You may be LGBTQIA+. Like

- gay
- lesbian.



You may be

- a man
- a woman

or



- not a man
- and**
- not a woman.



Each person has the
right to feel safe



Some times you do **not** feel safe.

Like someone is

- mean to you



- tries to hurt you.



You may **not** see the danger.

It can be hard to stay safe.

We want to know how you can feel safe. Like



- at home



- when you go out. Like you are at the shops.



You may be

- with other people
- or**
- by your self.



You may feel scared. We want you to feel safe.



You want to know more?



Read

Book 1.

A plan for Autism.

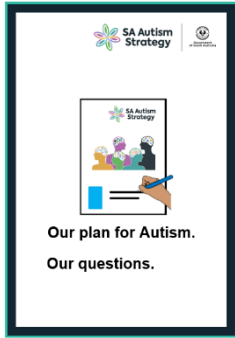
In South Australia.



Book 3.

Our plan for Autism.

More things to think about.



Book 4.

Our plan for Autism.

Our questions.



Email

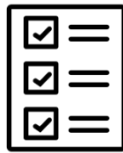
saautismstrategy@sa.gov.au

Images

We can use images from



- Change People
- Inspired Images



- Picto selector
- TheNounProject
- Tobii-Dynavox.



This information is based on sections of
South Australia's First Autism Strategy.
Discussion Paper.
November 2022.



Access Easy English wrote the Easy English.
November 2022.