

Lets move in Nillumbik.

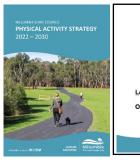
Our plan. 2022 to 2030.





We thank the First Nations people of Nillumbik.

They are the Wurundjeri Woi wurrong people.





Nillumbik Shire Council has a new plan.

It is about moving your body more.

We call it our Recreation and Leisure Strategy.



We know it is good to move our body.

It helps us

- have a body that is healthy
- feel good.

It can help you have a good life.



Move your body in Nillumbik



It can be

• sport. Like you play basketball

or

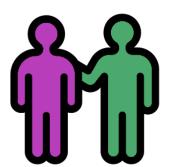


• other things. Like you walk your dog.



It is good for your health.

And



You can make friends.





In Nillumbik

About 6 in 10 people move a lot.

They move their body each day.

We want more people to move a lot.



Council has places you can move your body.

There are

swimming pools

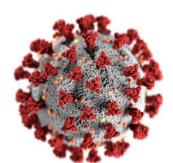


- skate parks
- parks

and



- sports clubs
- golf courses.



COVID 19 made it hard to move



It was hard to do things. Like

- you had to stay home. It was COVID 19 rules
- sports centres were shut
- club sports stopped.

But



You wanted to move your body.

It feels good to move.



Our plan



We talked to sports clubs.

And



We talked to people who use out door spaces.

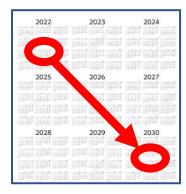
Like our

- parks
- skate parks.



We made a plan. It is to

- help you move more
- give you more choice about things to do.



Our plan is for 8 years.

It starts in 2022.

This plan ends in 2030.



We looked at our other Council plans.

They helped us make this plan.



Our goals

We have 6 big goals.



1. People move more page 10



2. Each person can take part page 13



3. The places you go are better page 15



4. Work with the community page 16



5. Help the community make changes

page 17



6. Look after our land

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1. People move more



We want more people to play sport.

And



We want more people to use our places. Like

- go for a walk
- ride a bike
- swim



We will talk to you.

You tell us your ideas.



Some people need more help.

Women and girls









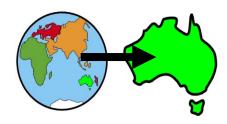
More people to help.

Aboriginal people. We say First Nations people.



People who live far away from

- a town
- a city.



People who came from a different country.



2. Each person can take part



We want each person to move their body. Like

- people with disabilities
- children
- older people.



Your group plans to make your spaces easy to use. Like your group wants people with disabilities to take part.

We can help you do that.



Sports groups pay us fees.

Your team has people with disabilities.

You pay us less money.



We want to make our buildings better. Like

- toilets different people can use
- ramps.

And



We want to make out door spaces better. Like

- easy to use paths
- lots of seats.



3. The places you go are better



We want our parks to have

- things different people can use
- safe paths.



We will look for more money to

- build new places. Like a new sports centre
- fix old places.



4. Work with the community



We will still work with sports groups.



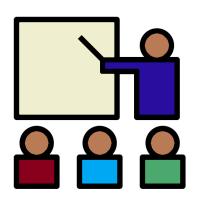
We will still listen to you.

We want to hear your ideas.

You can share your ideas.



5. Help the community make changes



We can train sports groups about how their group

- can be used by each person
- is safe for each person
- runs for many years.



We will help them to get money.



6. Look after our land



We want to look after

- plants
- creeks
- animals.



We will help sports clubs to make changes.

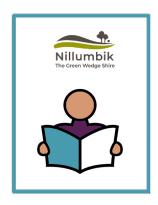
They want to

- save water
- save power.

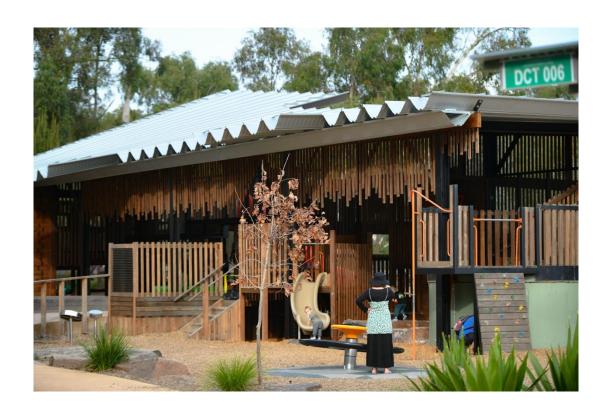


We will check our plan each year.

We check each goal.



We will write a report.







Call us

9433 3111.



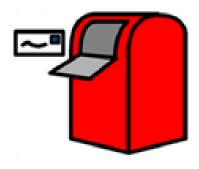
National Relay Service.

Call 13 36 77.



Come to our office.

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This fact sheet is based on the

Recreation and Leisure Strategy 2022- 2030

Nillumbik Shire Council.

Images



We have used images from

- TheNounProject
- Picto-selector
- 123 free vectors
- clkrcom



Access Easy English wrote the Easy English.

June 2022.