



Why are there lots of new rules?

Originally published 29 March 2020

New Rules

Every day there are new rules. Like

- Keep space between us. Read the posters **We have space between us;**
and
- Pubs are closed;
- The pictures are closed.

About COVID-19

It is a new illness. **Now**, there are

- **No** pills to help us get well;
and
- **No** needles to help us get well.

The doctors say we can get COVID-19 from

- Touch on a surface that someone with COVID-19 also touched. It was **not** cleaned before you touched it. Like a
 - Lift button in your shopping centre;
 - Kitchen bench;**or**
- You are near to someone who has it. Like you
 - Talk to that person for 15 minutes;
 - Are in the same room as that person for 2 hours.

The doctors say it is very easy for COVID-19 to go from 1 person to the next.
They say it is **very contagious**.

We need new rules to help make it hard for people to get COVID-19.
Lots and lots of people will get sick at the same time.

Many people will get a little sick. They can get well at home.

Some people will be more sick. They may need to go to hospital.

Some people may get very sick. They will need to have special help in hospital.
They will need tubes to help them breathe. These are called **ICU** beds.
Some of these people may die. When lots of people get sick at the same time

- We will run out of doctors to see them;
 - We will run out of hospital beds;
- and**
- We will run out of ICU hospital beds.

Some people may **not** get the help they need. They may die.

Each day more people have COVID-19. They give it to more people.

So, 1 person has it. They give it to 3 people.

Now, 4 people have COVID-19. Each of them give it to 3 more people.

Now 12 people have COVID-19. The next day

- The 12 people give it to 3 more people each. Now 36 people have COVID-19.

Every day more and more people get sick.

COVID-19 for different people

COVID-19 can make anyone sick. It can be dangerous for people who have **no** other problems. Some of these people will die.

Doctors know COVID-19 is more dangerous for some people too. Like older people. They may be 65, 73, 87, 93 or more than 100. Many old people may die from COVID-19.

COVID-19 is very dangerous for people who are **not** well. Like they have

- Cancer;
- Lung disease.

They may get very sick from COVID-19. More people who are ill may die.

COVID-19 is very dangerous for people who already have a health problem.

Like they have asthma. They may get very sick from COVID-19. More people with other health problems may die.

COVID-19 may be very dangerous for people who already have a disability. Like they have

- Cerebral palsy;
- Had a stroke.

They may get very sick from COVID-19. More people with disability may die.

The new COVID-19 rules try to

- Only have a few people sick at the same time;
 - Have hospital beds when we need them;
 - Have more people get well;
- and**
- Have less people die.

The rules mean

- You can **not** do the things you always do;
- You may have to stop your job;
- You stay home.

The government says this is hard. You may get some money from the government.
Talk to CentreLink.

We will have the rules until

- There is a way to stop COVID-19;
 or
- Only a few people get COVID-19.

Look for rules for your state. Money help you can get.

The government says everyone must

- Listen to the new rules;
- Follow these new rules.

More information

What is COVID-19?

Read the fact sheet **What is COVID-19?**

How can I look after myself?

Read the fact sheet **Look after yourself.**

What is shut in Australia?

Read the fact sheet **What is shut? Australia. Step 1.**

What is shut in Australia now?

Read the fact sheet **What is shut? Australia. Step 2.**

Why are there lots of new rules?

Read the fact sheet **Why are there lots of new rules?**

Also read the fact sheets and posters

- We need space between us;
- Wash your hands.

COVID-19 information from the government. www.health.gov.au

Call 1800 020 080. You can call at

- Any time;
- Any day.

Translations. Call 131 450.

The Australian Government Health Department What you need to know. 17 March 2020.