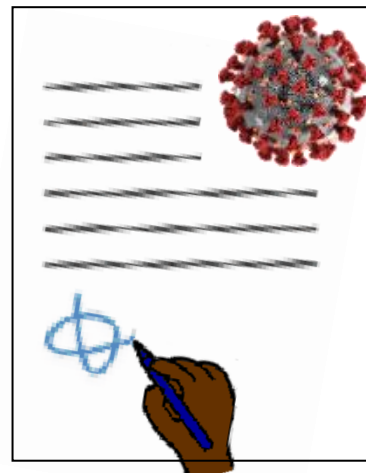
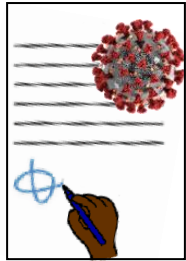


COVID - 19

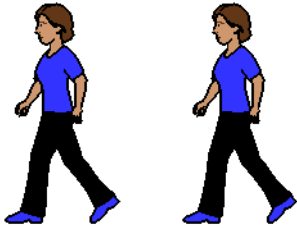


**Why are there lots
of new rules?**

29 March 2020



New Rules



Every day there are new rules. Like

- keep space between us



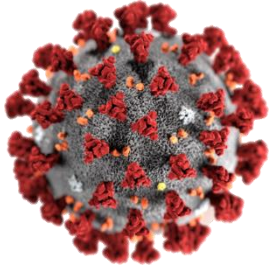
Read the posters

We have space between us

and



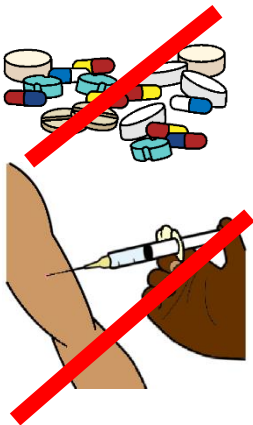
- pubs are closed
- the pictures are closed.



About COVID - 19

It is a new illness.

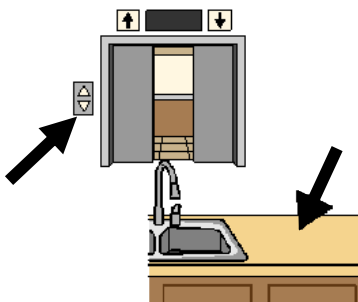
Now, there are



- no pills to help us get well

and

- no needles to help us get well.



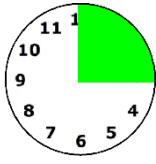
The doctors say we can get COVID - 19 from

- touch on a surface that someone with COVID - 19 also touched. It was **not** cleaned before you touched it. Like a

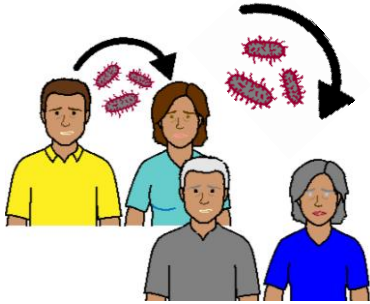
- lift button in your shopping centre

- kitchen bench

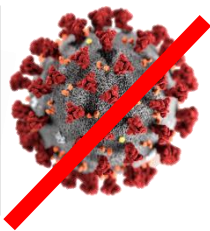
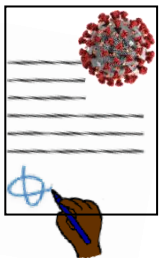
or



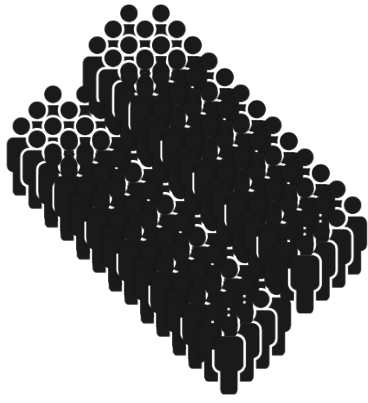
- you are near to someone who has it. Like you
 - talk to that person for 15 minutes
 - are in the same room as that person for 2 hours.



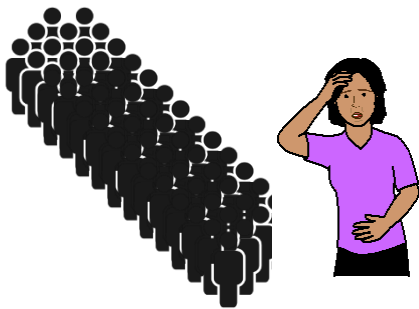
The doctors say it is very easy for COVID - 19 to go from 1 person to the next. They say it is **very contagious**.



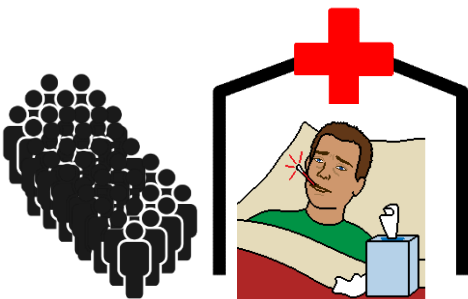
We need new rules to help make it hard for people to get COVID - 19.



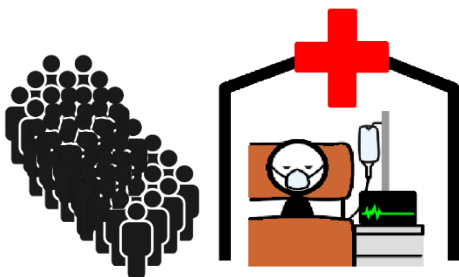
Lots and lots of people will get sick at the same time.



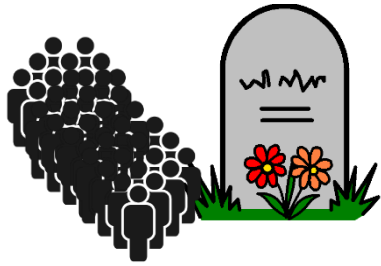
Many people will get a little sick.
They can get well at home.



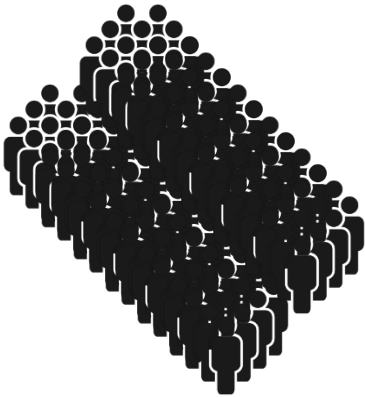
Some people will be more sick.
They may need to go to hospital.



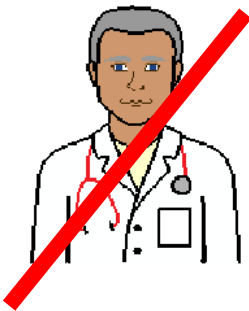
Some people may get very sick. They will need to have special help in hospital.
They will need tubes to help them breath.
These are called **ICU** beds.



Some of these people may die.



When lots of people get sick at the same time



- we will run out of doctors to see them



- we will run out of hospital beds

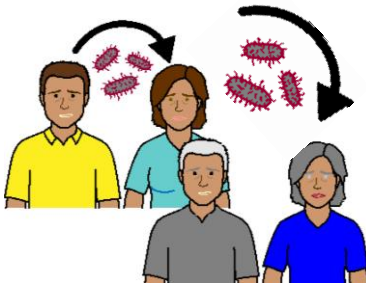
and



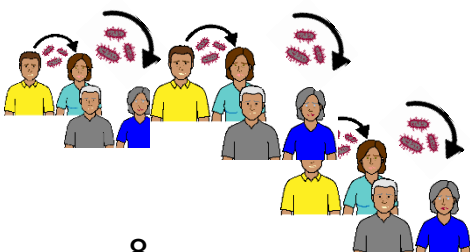
- we will run out of ICU hospital beds.



Some people may **not** get the help they need.
They may die.



Each day more people have COVID – 19.
They give it to more people.
So 1 person has it. They give it to 3 people.
Now 4 people have COVID – 19.



Each of them give it to 3 people.
Now 12 people have COVID - 19.

Sun	Mon	Tue	Wed	Thur	Fri	Sat
★	★					

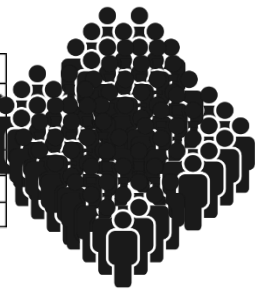


The next day

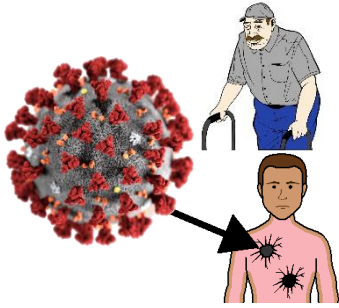
The 12 people give it to 3 more people each.

Now 36 people have COVID - 19.

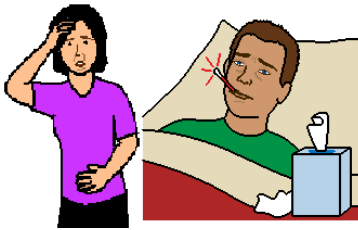
Sun	Mon	Tue	Wed	Thur	Fri	Sat
★	★	★				



Every day more and more people get sick.



COVID - 19 for different people



COVID – 19 can make anyone sick.



It can be dangerous for people who have
no other problems. Some of these people will die.

Doctors know COVID - 19 is more dangerous for some people too. Like



- old people. They may be

- 65

- 73

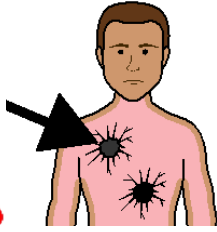
- 87

- 93

- more than 100.

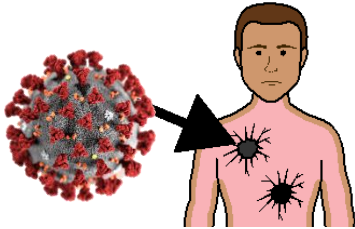


Many old people may die from COVID - 19.

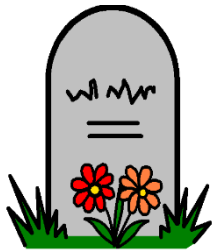


COVID - 19 is very dangerous for people who are **not** well. Like they have

- cancer
- lung disease.



They may get very sick from COVID - 19.



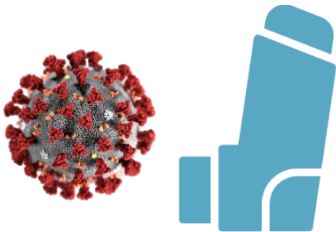
More people who are ill may die.



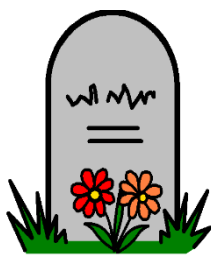
COVID - 19 is very dangerous for people who already have a health problem.

Like they have

- asthma.



They may get very sick from COVID - 19.

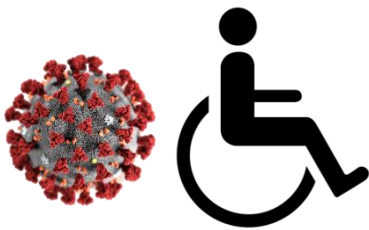


More people with other health problems may die.

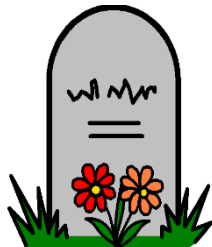


COVID - 19 may be very dangerous for people who already have a disability. Like they have

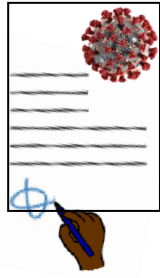
- cerebral palsy
- had a stroke.



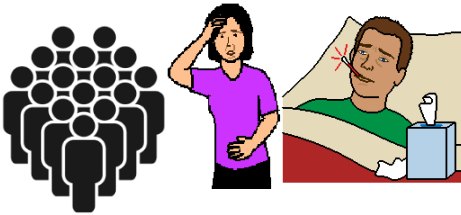
They may get very sick from COVID - 19.



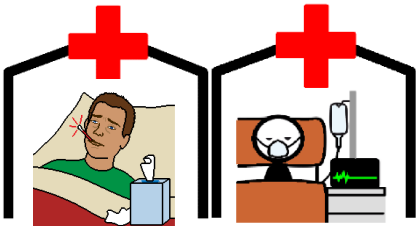
More people with disability may die.



The new COVID - 19 rules try to



- only have a few people sick at the same time

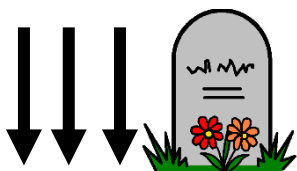


- have hospital beds when we need them

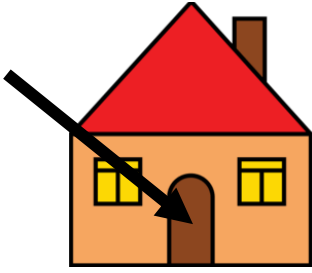


- have more people get well

and



- have less people die.



The rules mean

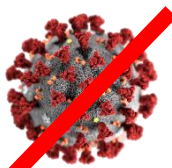
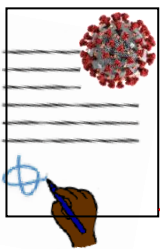
- you can **not** do the things you always do
- you may have to stop your job
- you stay home.



The government says this is hard.

You may get some money from the government.

Talk to CentreLink.



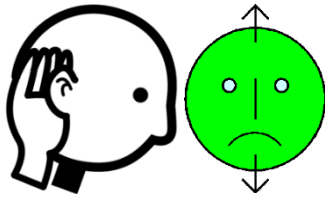
We will have the rules until

- there is a way to stop COVID - 19

or

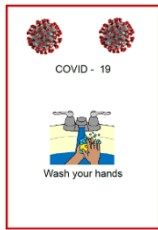
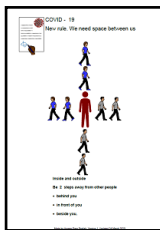


- only a few people get COVID - 19.



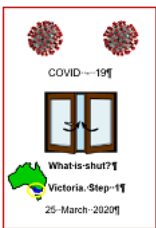
The government says everyone must

- listen to the new rules
- follow these new rules.



Also read the fact sheets and posters

- **We need space between us**
- **Wash your hands.**

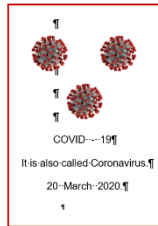
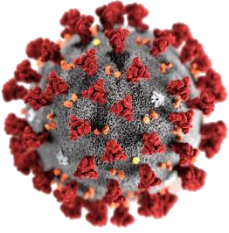


Look for rules for your state

Money help you can get.

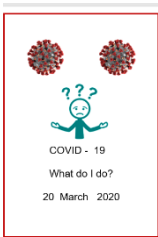


More information



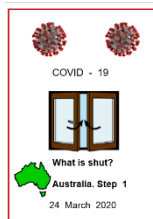
What is COVID - 19?

Read the fact sheet **What is COVID - 19?**



How can I look after my self?

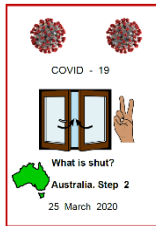
Read the fact sheet **Look after your self**



What is shut in Australia?

Read the fact sheet

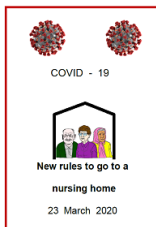
What is shut? Step 1 Australia



What is shut in Australia

Read the fact sheet

What is shut? Step 2 Australia



You want to go to a nursing home

Read the fact sheet

New rules to go to a nursing home.



COVID - 19 information from the government.

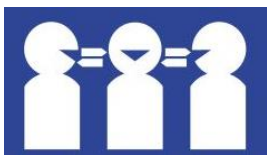
www.health.gov.au



Call 1800 020 080.

You can call at

- any time
- any day.

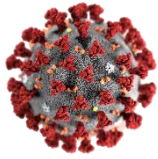


Translations

Call 131 450

Images

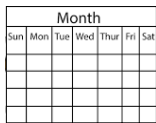
We have used images from



- Change People
- Freepikpsd



- Mayer-Johnson
- Picto-Selector



- ocialBuzz



- Spectronics
- TheNounProject.



This fact sheet is based on

The Australian Government Health Department

What you need to know. 17 March 2020.



Access Easy English wrote the Easy English.

29 March 2020.