How to wash your hands

1. Clean your hands. Rub soap into your hands.
2. Rinse under running water. Make sure your hands are clean.
3. Dry your hands.
4. Take a paper towel. Only use one piece of paper towel.

5. Put the paper towel into a bin. Discard it into the bin.
6. Wash your hands in the next area if you need to.
7. Turn off the tap. Use the paper towel to turn off the tap.
8. Wash your hands in the next area if you need to.

9. Wash your hands in the next area if you need to.
10. Turn off the tap. Use the paper towel to turn off the tap.
11. Take a paper towel. Only use one piece of paper towel.
12. Take a paper towel. Only use one piece of paper towel.

Read the fact sheet
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